

**NAR-ANON MEETINGS
WESTERN CAPE**

SUPPORT GROUP FOR FAMILIES AND FRIENDS AFFECTED BY A LOVED ONE'S DRUG ADDICTION

NAR-ANON HELPLINE

TEL < 088 129 6791 >

NAR-ANON SOUTH AFRICA : www.naranon.org.za

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WORLD SERVICE OFFICE (WSO) : www.nar-anon.org

Updated: 30-Mar-2017

DAY	SUBURB	TIME	ADDRESS	TELEPHONE
* Monday (The Liberty Group)	Durbanville	20:00 till 21:30	Uniting Presbyterian Church, Louw Street, Durbanville, Cape 7551, Western Cape, South Africa. (Entrance in Hafele Road)	083 325 0203 (Allen)
* Monday	Lansdowne	20:00 till 21:30	Moravian Primary School cnr Church and Albert Road, Lansdowne, Cape 7780, Western Cape, South Africa.	073 175 5495 (Estelle)
* Tuesday	Table View	20:00 till 21:30	Methodist Church Hall, 85 Janssens Ave, Table View, Cape 7441, Western Cape, South Africa.	021 553 2952 (Joy/Keith)
* Wednesday (Courage to Change Group)	Claremont	20:00 till 21:30	St Bernard's Church Hall, corner Protea & Buchan Roads, Claremont, Cape 7708, Western Cape, South Africa.	083 502 9777 021 481 6700 (Cairie)
* Wednesday (Easy Does It Group)	Grassy Park	20:00 till 21:30	St Clements School, Cnr Lake Road and 7th Avenue Lotus River, Cape 7941, Western Cape, South Africa.	084 491 0689 (Faye)
* Thursday (Step by Step Group)	Bellville	20:00 till 21:30	Bellville Presbyterian Church, Office & Sunday School Hall, Lingen Street, Off Davies Avenue, Bellville, Cape 7530, Western Cape, South Africa.	021 982 7897 (Shanet)
* Thursday (The Good Hope Group)	Observatory	20:00 till 21:30	Observatory Community Centre, Cnr Collingwood Road & Rawson Street, Observatory, Cape 7925, Western Cape, South Africa.	081 354 1495 (Yusuf)
* Saturday (The Seaside Group)	Sea Point	17:00 till 18:30	Seapoint Methodist Church, 1 Mount Nelson Road, Seapoint, Cape 8060, Western Cape, South Africa.	083 749 4771 (Melanie)

NARATEEN:

Wednesday (Listen & Learn)	Claremont	20:00	On request - phone for further information	082 658 4830 (Maurice)
Thursday	Bellville	20:00	Presbyterian Church, Cnr. Davies & Ross Roads, Bellville	021 982 7897 (Shanet)

* *Indicates when there is a Narcotics Anonymous (NA) meeting held simultaneously at the same venue*

Family members, visitors and observers are invited to attend Open NA Meetings which are held during the month. Please ask your Chairperson or a member of Narcotics Anonymous (NA) for these dates.

NARCOTICS ANONYMOUS (NA) HELP-LINE: 088 130 0327 - www.na.org.za